## Factors Affecting Teaching Physical Education in Basic Education Primary Schools

Zaw Myint Tun<sup>1</sup> and Nwe Ni Ye Myint<sup>2</sup>

## **Abstract**

The purpose of this study is to investigate factors affecting teaching physical education in Basic Education Primary Schools. Quantitative method was used in this study. Two hundred and seventy four teachers from Basic Education Primary Schools in Taungdwingyi Township, Magway Region were selected as participants by using simple random sampling method. Instrument was reviewed by a panel of experts. Questionnaire was developed by the researcher based on the related literature. This questionnaire included demographic data, (25) items for practices of teaching physical education, (10) items for contents of physical education curriculum, (10) items for school management, (10) items for working condition and (10) items for school facilities and equipment. The reliability coefficient (Cronbach's alpha) was 0.84. Descriptive Statistics, Independent Samples t Test, One-Way ANOVA and Multiple Regression were used for the analysis of quantitative data in this study. The extent of practices of teaching physical education was high level. There was significant difference in practices of teaching physical education grouped by school location but no significant difference in grouped by teacher training, service and class size. The level of variables affecting teaching physical education were high level. There was significant difference in variables affecting teaching physical education grouped by school location but no significant differences in variables affecting teaching physical education grouped by teacher training, service and class size. According to multiple regression analysis, school facilities and equipment was the best predictor in teaching physical education ( $\mathbb{R}^2$ = .20, F (4,269) = 16.128).

**Key word:** Physical Education

<sup>1.</sup> Lecturer, Department of Physical Education, Magway Education Degree College

<sup>2.</sup> Assistant Lecturer, Physical Education and School Health Department, Yangon University of Education