## The Usage of Some Plants as Nerve Tonic

San Yin Aung\*

## **Abstract**

The present study involved Honey and nine plant ingredients. Aye Nyein Thi-Tar Nerve Tonic is a product of Aye Nyein Thi Tar Co. Ltd. Monywa. Preliminary Phytochemical Tests were carried out according to Central Council of Research in Unani Medicine (1987) and Trease and Evans (1980). Preliminary Phytochemical Tests have indicated the presence of alkaloid, glycosides, saponin, tannin, phenolic compounds and starch and according to AAS (Atomic Absorption Spectrum) no poison is found in the drug.

Key words: Nerve Tonic, preliminary phytochemical tests.

<sup>\*</sup> Demonstrator, Dr., Department of Biology, Yangon University of Education