

The Implementation of Physical Education Activities at the Secondary Level in Thaton Township

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Abstract

The main purpose of this study is to investigate the implementation of physical education activities at the secondary level in Thaton Township, Mon State. Especially, this study aims to investigate the perception of the teachers and students on the physical education activities, and to investigate the teachers' implementation of the physical education activities. A descriptive research design was used for this study. Twelve high schools were selected from Thaton Township. The participants in this study included 60 teachers, 12 physical education specialized teachers and 48 non-physical education specialized teachers who teach physical education in schools and (300) lower secondary students. As the research instruments, the guideline of National Association for Sports and Physical Education (NASPE) (2011) and the Secondary Physical Education Curriculum of Myanmar were used. To obtain the reliability of these instruments, a pilot test was administered. The internal consistency (Cronbach's Alpha) of the perception of teachers on physical education was (.902), perception of the students on physical education activities was (.712), teachers' implementation on physical education activities was (.943) and students' perception on teacher' implementation of physical activities was (.906). In order to address the research questions, a descriptive statistics, Independent Samples *t* Test and One-Way ANOVA were used. According to the scoring direction, perception of the teachers and students on implementation of physical education activities was remarked as "agree". The teachers' implementation of physical education activities in the selected schools were measured as "often". According to the result, students' perception on teachers' implementation of physical education activities was grouped as "sometimes" in selected schools. Therefore, most of the teachers often implemented the physical education activities in their schools.

Key words: Implementation, Physical Education, Physical Activity, Attitude, Perception

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