

# **The Factors Effecting the Self-efficacy of Secondary School Teachers**

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## **Abstract**

The main purpose of this study was to investigate the factors effecting the self-efficacy of secondary school teachers. A total of 530 teachers from eight Basic Education High Schools in Yangon Region and Six Basic Education High Schools in Tanintharyi Region participated in this study. Questionnaire survey method was used in this study. Teacher Self-Efficacy Scale (TSES) was used as the research instrument. TSES consists of 30 items with seven subscales. Regarding the teachers' self-efficacy, it was found that there were no significant differences in overall self-efficacy by age, teaching experience, marital status, designation and region. However, a significant difference was found in efficacy to enlist parental involvement subscale by age. Moreover, there were significant differences on efficacy to influence decision making and efficacy to enlist parental involvement subscales by teaching experience.

**Key words:** self-efficacy.

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